

## EXTRACTION OF CATHEPSIN S FROM BREAST CANCEROUS TISSUE (UNDERGO BREAST CONSERVING SURGERY ALONG WITH ADJUVANT RADIATION THERAPY.) AND ITS CHARACTERIZATION

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### ABSTRACT

**Objective:** Study was tried to extract/isolate cathepsin S from cancerous tissue received breast conserving surgery along with radiation therapy. **Material and Methods:** Human tissue (normal/cancerous) was obtained from surgery department of Sir Ganga Ram Hospital Lahore. Tissue was characterized as malignant. Extraction of cathepsin S was carried out. Identification of cathepsin S was carried out by electrophoresis. Column chromatography was used to purify Cathepsin S. Level of cathepsin S was estimated using specific substrate and read photo metrically. Level of cathepsin was tried to associate with age (menarche / menopausal age) and clinic-pathological characteristics of patients. **Results:** Significantly high level of cathepsin S was observed in extract of breast cancerous tissue as compared to normal breast tissue. Level of cathepsin was high age at menarche <14years and at menopausal age. With increase tumor size (T3) and stage 111, the level of cathepsin was high as compared to tumor size T2 and stage 11. **Conclusion:** Increase level of cathepsin S in breast cancer tissue, marking it a biomarker and potential therapeutic target. Higher level of cathepsinS in breast cancer patients with small tumor size and late stage of breast cancer may help to investigate cathepsin mediated tissue modification and alteration is important for research science and for clinical purposes, such as biomarkers.

**KEYWORDS:** breast cancer tissue, cathepsin S; breast conserving surgery, radiation therapy.

### INTRODUCTION

To date, breast cancer endures the most commonly diagnosed malignancy and the main cause of cancer-associated mortality in women globally, signifying about 25% of totally cancer issues and 15 % of total cancer deaths. Around 80 % of patients under gosurgery may be mastectomy / breast-conserving surgery (BCS). Majority of breast cancer patients treated with BCS in combination with adjuvant radiation remedy.<sup>[1]</sup>

Proliferation of epithelial tissue is the reason of breast malignancy that possibly invades nearby tissues or metastatic to different parts of body of women. Some of the risk factors in this cancer are age, family history, age at menarche, menopause, high BMI, sedentary life style etc.<sup>[2]</sup>

Cathepsins are group of proteolytic enzymes important in both cellular physiology and ailment. They are classified on the bases of amino acids present in active side of enzyme. The amino acid may be serine (cathepsin A & G), aspartic (cathepsin D & E), or cysteine (cathepsin B, C, F, K, L, S & others) proteolytic enzyme.<sup>[3]</sup>

The cysteine protease cathepsin S (CTSS) is member of cysteine cathepsin proteases, and has been found to be associated with a range of pathologies, including cancer. As compared to other cysteine proteases, cathepsin S is normally reserved to lymphoid tissues and macrophage. This property of cathepsin S may relate with therapeutic ability in cancer. CTSS is implicated in tumor invasion and metastasis by the induction of tumor angiogenesis and the degradation of the tumor extracellular matrix. Besides,

CTSS may be elevated in patients with defects in DNA damage repair pathways, indicating it may be predictive of tumour sensitivity to DNA damaging agents.<sup>[4,5]</sup>

Amongst the family of cysteine cathepsin CTSS take special interest due to properties like restricted expression of profile normally, inducible up-regulation and action at a wide range of pH.<sup>[6]</sup> On the other hand abnormal expression of CTSS is observed in number of conditions and ailments, taking it as marker of disease and therapeutic goal. Level of cathepsins of cysteine family in breast cancer is estimated usually for its predictive value.<sup>[7]</sup> The use of cathepsin-targeted breast conserving surgery may help to find out the residual parts of tumor on the cavity surfaces and direct some additional excision, thereby lessening the need for re-resection, and recurrence.

Study was therefore designed to extract/isolate cathepsin S from cancerous tissue received breast conserving surgery along with radiation therapy.

## MATERIALS AND METHODS

Human tissue was obtained from surgery department of Sir Ganga Ram Hospital Lahore. Tissue was characterized as malignant. Extraction and autolysis was carried by modification of the methods.<sup>[8]</sup> The crude extract was purified employing column chromatography.<sup>[9]</sup> Cathepsin S estimation was carried out using the technique.<sup>[7]</sup>

### Extraction and autolysis

Breast tissue collected from 25 breast cancer women in liquid ammonia and stored at -80°C. Human breast tissue (normal/cancerous) was thawed at 4°C. it was rinsed with 0.15M sodium chloride (pH 3.8) containing 1mM EDTA and homogenized (homogenizer Yamato Model K41) in 0.15M sodium chloride buffer containing 1mM EDTA and 0.05% triton x-100 to produce a fine suspension of the tissue. The pH of the homogenate was adjusted to 3.8 with 1M HCL and incubated overnight at 4°C to allow autolysis to occur. The homogenate was centrifuged at 3000rpm for 15 min. The insoluble material was removed and supernatant was mixed with ether in 3:1 ration and centrifuged at 20,000 g for 30 min. the upper layer was concentrated in vacuo and protein was precipitated at 4°C with 2M ammonium sulfate, store at -20°C.<sup>[10]</sup>

Identification of cathepsin S using SDS PAGE electrophoresis. Gel used was 12.5 % polyacrylamide. Samples collected from normal and breast cancer tissue was loaded in wells formed by specific comb. Standard molecular marker (ladder) with range of weight 100-12 Kda was also run. Cathepsin s with molecular weight 37 Kda was identified after completing the electrophoresis.

Isolation of cathepsin S using HPLC gel permeation (Column: TSK G 2000 SW). Buffer used was 0.02 M sodium acetate buffer, pH 4.8 containing 1 mM EDTA and 0.02% NaN<sub>3</sub>. The column was eluted stepwise by increase in pH.

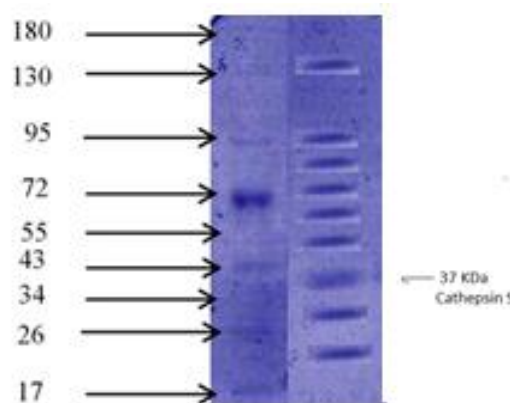
Fraction of Cathepsin S eluted at pH 6.2 with 0.4 M NaCl. Fraction (peak 3) containing cathepsin S activity was collected and estimation of cathepsin S of peak 3 /fraction was done using the specific assay of cathepsin S (Fig 1,2,3)

### Assay of cathepsin S.

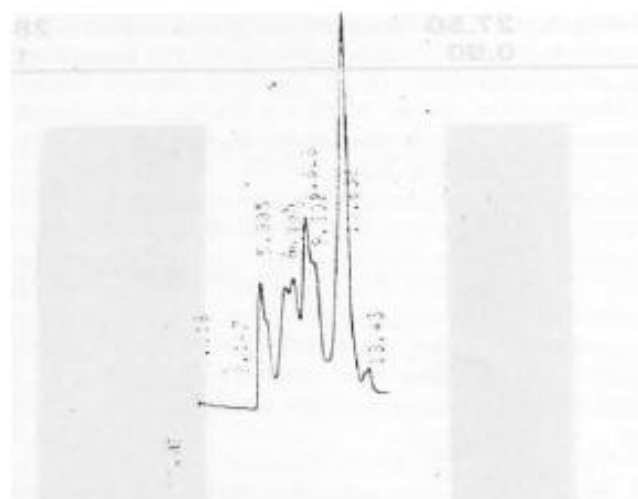
Cathepsin S is a cysteine proteinase was extracted from cancerous breast tissue of women. Its most susceptible substrates, such as Z-Val-Val-Arg-NHMec (pH 7.5), the specific determination of cathepsin S is possible. The substrate Z-Val-Val-Arg-NHMec is hydrolyzed to liberate 7-amino-4-methylcoumarin, which is quantified continuously by stopped assays after the termination of the enzymatic reaction by monochloroacetate. The level of the free aminomethylcoumarin is determined by 460 nm<sup>7</sup>.

### Statistical analysis

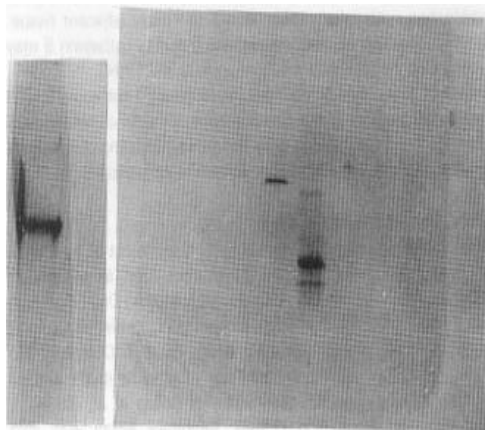
Data were analyzed for statistical significance using either one way analysis of variance (ANOVA) or Student's *t*-test.



**Fig 1: 12.5 % polyacrylamide gel electrophoresis with 37 Kd cathepsin s (right side). Ladder with standard protein from 17-180 Kda (left side).**



**Fig. 2: HPLC gel permeation (Col: TSK G 2000 SW) of fraction (peak 3) containing cathepsin S activity after TSK G 3000 SW column.**



**Fig 3: Fraction of TSK G 3000 SW containing cathepsin S activity was analyzed by 10 percent 12polyacrylamide gel.**

**Table 1: Demographic /Clinical Characteristics of Breast Cancer Patients (n=25).**

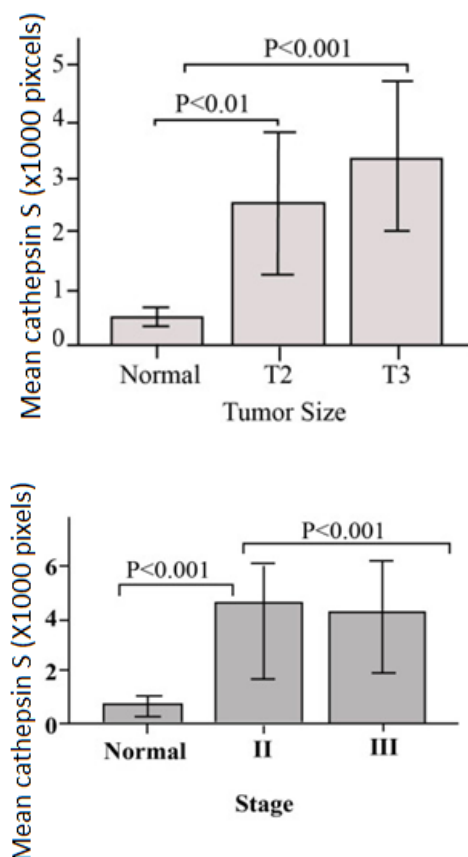
Parameters	Breast cancer women
Age	50.80±10.6
Level of education	Graduate
Awareness of disease	Aware
Family history	Positive (50%)
Socioeconomic status	Middle (75 %)
Profession	Professional (40%)
Life style	Active (35%) Sedentary (65%)
Age at menarche	14 year (60 %)
Age at menopause	55 year (70%)
Staging	II & III
Histologically diagnosed	In situ carcinoma (Ductal/Lobular) Invasive carcinoma Ductal (80%) Lobular (20%)
Tumor size (mean ±SD)	
Length	6.51 cm ± 3.89 cm
width	6.48 cm ± 3.91 cm
Site of breast involved	Right ---55% Left ---45%
Nodal status	77% positive
Mode of treatment	Radiotherapy (35%) Radiotherapy and Chemotherapy (65%)

**Table 2: Mean, Standard Error of mean Cathepsins (Pixel) Between Normal and Tumor Breast Tissue Specimens (n = 25).**

	Cathepsin S Mean±SD	P-value
Normal	25.22±5.5	>0.001
Patients	75.83±11.58	

**Table 3: Activities of Cathepsin in breast cancer women age with menarche and menopause.**

	Cathepsin S Mean±SD	P-value
Age in early menarche (< 14 years)	70.89±11.92	
Age in early menarche (≥14 years)	45.89±11.89	<0.05
Present age ≥50 years	65.88±9.80	
Present age ≤50 years	77.89±10.91	>0.05



**Fig 4: Tumor size / stage specific difference of cathepsin S activity in breast cancer women. Activity of cathepsin was quantified by band densitometry. Values were expressed as mean±SEM.**

## RESULTS

Pre-fractionation of crude tissue extract on gel filtration (Sephadex G-75) resulted in 3 peaks (Fig. 1). Fractions of these peaks were pooled and concentrated in vacuo. The concentrated fraction of peak 2 containing cathepsin S (active fraction) was observed by 8-25% polyacrylamide gradient gel on phast system which gave a single band of approximately 25,000 dalton (Fig. 2,3). Level of cathepsin was estimated by using the substrate Z-Val-Val-Arg-NHMe.

## Socio-Demographic characteristics of the Patients

Mean age of patients was 50 years. Majority of women were educated, having awareness of disease, middle class. About 50 % breast cancer women had family history of

breast cancer. 40% were professional. Majority had sedentary life style. Age of menarche was > 14 years in 60 % of women; age at menopause was 55 years in 70 % women. Majority of women had intraductal carcinoma (right breast) with tumor size (length –6.51cm and width 6.48 cm). None of the patients had the habit of alcohol use and smoking. However, about 32.6% patients used oral contraceptive pills (table 1).

### Clinical /Pathological Outcomes

Of the total 25 breast cancer women, 77% were node-positive. The histopathological reports showed that 80 % had infiltrative ductal carcinoma (table 1). Level of cathepsin S was significantly increased ( $p < 0.001$ ) in patients compared to normal subjects (table 2).

Level of cathepsin S was non-significantly high in age group less than 50 years as compared to age group greater than 50 years. On the other hand increase level of cathepsin S was significantly high in women with their age < 14 years (menarche age) as compared to age > 14 years (Table 3).

Figure 4 showed tumor size / stage specific difference of cathepsin S activity in breast cancer women. It is observed that level of cathepsin S was significantly high with tumor size > 6.51 (T3) cm compared to size < 6.51 cm (T2). Level of cathepsin S was significantly high in patients with stage 111 as compared to in patients with stage 11.

### DISCUSSION

The technique used in the current study help to identify the cathepsin S and isolate from the tissue. Estimation of quantity of cathepsin was done by using specific substrate. However techniques used for identification and isolation of cathepsin from breast tissue was also carried out by a group of workers proposed the method of zymography. This technique is based on polyacrylamide gel staining showed visually the separation protein's cathepsin. The quantity of cathepsin was found out via band densitometry. This method also grading of tissue.<sup>[11, 12]</sup>

We observed that mean age of cancer patients was 50 years. Majority of women were educated, having awareness of disease, middle class. Majority had sedentary life style. Age of menarche was > 14 years in 60 % of women, age at menopause was 55 years in 70 % women. Majority of women had intraductal carcinoma (right breast) with tumor size (length –6.51cm and width 6.48 cm).

We agreed with a study carried out in United Kingdom found that 80% of breast cancers were diagnosed in age greater than 50 years with sedentary life style.<sup>[12]</sup> Another study was carried out in Karachi-Pakistan including about 1000 breast cancer women. Study found higher incidence rate of breast cancer in women aged 40 to 44 years & 65 to 69 years.<sup>[13]</sup> It is proposed that risk of breast cancer in age > 40 years is related with imbalance of hormone.<sup>[12]</sup> A

cross-sectional study was carried out on 135 breast cancer women to find out relationship between obesity, sedentary lifestyle, and risk of breast cancer. It is noted that high BMI, physical inactivity, and lower WC were associated with the lower breast cancer risk.<sup>[14]</sup>

We observed significantly high value of cathepsin S in tumor of breast as compared to normal breast tissue. Studies also observed high values of cysteine proteases along with cathepsin S in breast cancer women. A study reported that cathepsin S help in the progression of cancer via proteolytic breakdown of the BRCA1, causing a suppression in repair of break of double strand of DNA.<sup>[15]</sup> Another study found that increased proteolytic activity and abnormal localization of number of cysteine cathepsins motivate the progression of tumor, proliferation, process of invasion, & metastasis.<sup>[16]</sup>

Tumor size / stage specific difference of cathepsin S activity was also observed in breast cancer women. It is observed that level of cathepsin S was significantly high with tumor size > 6.51 (T3) cm compared to size < 6.51 cm (T2). Level of cathepsin S was significantly high in patients with stage 111 as compared to in patients with stage 11. A study also observed the increase level of cathepsin S and it may be related to tumor size and stage of cancer.<sup>[17]</sup> A study also found the role of cathepsin S motivating the development / progression of the cancer. Study also found increased expression of cathepsin S related with increased volume of tumor, higher stage of tumor and increased the metastasis results (involvement of lymph node) in poor prognosis of patients.<sup>[18]</sup> It is proposed that interactions between cells of cancer and the tumour micro-environment happen as chains of mechanical edges and signaling episodes leads to progression of tumor.<sup>[19]</sup> Of the total 25 breast cancer women, 77% were node-positive. It is found that inflammatory cancer cell lines of breast show increased levels of cathepsin and it may be positively related with metastases of lymph node.<sup>[20]</sup>

The histo-pathological reports showed that 80 % had infiltrative ductal carcinoma. A study observed high percentage of ductal carcinoma. However it is found that various molecular sub-types of breast cancer and appears to rise during the switch the ductal carcinoma to invasive breast carcinoma, signifying this cysteine protease gives to the tumor's invasiveness.<sup>[21, 17]</sup>

Study observed level of cathepsin S was non-significantly high in premenopausal age as compared to postmenopausal age group. A study also found in postmenopausal women with high BMI, a 50% high risk of development of breast cancer. This may be due to increased adipokines, which may cause progression of cancer.<sup>[22]</sup> Findings of a group of workers found that usage of hormonal treatment in menopausal older ages and unawareness about breast screening in women of Pakistani may be the reason of developing breast cancer.<sup>[23]</sup> Furthermore, illiteracy, pitiable socioeconomic



position, and lack of healthcare facility may be the reason of increase cases of breast cancer in postmenopausal women.<sup>[24]</sup> It is therefore proposed that up-regulation of cancerous tissue, and hypoxia resulting the speedy growth in tissue, causes increase level of cathepsin.<sup>[25]</sup>

On the other hand increase level of cathepsin S was significantly high in women with their age < 14 years (menarche age) as compared to age > 14 years. Number of studies agreed with our study and reported that age at menarche and childbearing arrays may affect the development of mammary gland and create breast cancer discrepancy. The timing of menarche is affected by biology of female, genetic and environmental features, as well as nutritional factors.<sup>[26]</sup> Up-regulation of cysteine protease cathepsin in breast cancer women, with time of menarche was at <14 years of age. As at this period the breast cells are very sensitive, therefore pathogenesis of the tissue of breast results an increase expression of cysteine protease cathepsin. It is therefore proposed cells of tumor and the stromal cells present in surroundings shows high values cathepsin for metastases of tumor.<sup>[27]</sup> As increase proteolytic activity of cathepsin in the tumor micro-environment can breakdown the ECM of cell that may help in metastasis.<sup>[28]</sup>

## CONCLUSION

Increase level of cathepsin S in breast cancer tissue, marking it a biomarker and potential therapeutic target. Higher level of cathepsin S in breast cancer patients with small tumor size and late stage of breast cancer may help to investigate cathepsin mediated tissue modification and alteration is important for research science and for clinical purposes, such as biomarkers.

External factors, such as socioeconomic factors demonstrate a link in breast cancer risk such as low-income, poor diet, lack of exercise, and lifestyle choices including smoking and drinking reveal an environmental connection to breast cancer risk and cancer disparity. Furthermore, a deeper appreciation of the biology underlying this disease will help guide treatment regimens and possible application of cathepsin S inhibitors in the future.

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